



Overview:

Food

Eat Well Project: Students will cook and learn about nutritious, healthy food. They will cook a variety of predominantly savoury dishes, with a focus on developing their knowledge and understanding of food safety and hygiene. The dishes are specially selected to introduce them to a range of different food preparation and cooking techniques, whilst also promoting fresh, seasonal and nutritious ingredients.

Textiles

Pet Pillow Project: Students will design and create an animal themed cushion, developing their machine and hand sewing skills. Students will learn about natural and synthetic fabrics, safe use of equipment and how to develop a product following a design brief.

Students will study Food or Textiles first, swapping to the other half way through the year.

Careers in the Curriculum:

The topics covered will highlight links to careers as a personal trainer, food taster, product designer and textiles technician.

Term	Topic	Assessment
Aut1	<p>Food Technology</p> <ul style="list-style-type: none"> • Health and Safety • Rules, routines and procedures in Food • Weighing and measuring ingredients accurately • The Eatwell Guide <p>Practical skills: Couscous salad, Tomato pasta</p>	<ul style="list-style-type: none"> • Formative assessment • Knowledge and skills assessed throughout the project
Aut2	<p>Food Technology</p> <ul style="list-style-type: none"> • The five key nutrients (carbohydrates, protein, fats, vitamins and minerals) • Tips for healthy eating • Food labelling and nutritional analysis • Sensory testing <p>Practical skills: Stir fry, fruit smoothie</p>	<ul style="list-style-type: none"> • Aiming High 1: A multiple choice assessment on Health and Safety, tools and equipment
Spr1	<p>Food Technology</p> <ul style="list-style-type: none"> • Food provenance and food miles • Seasonal produce • Fairtrade <p>Practical skills: Cheese scones, Mediterranean tarts, banana muffins</p>	<ul style="list-style-type: none"> • Formative assessment • End of project assessment
Spr2	<p>Textiles</p> <ul style="list-style-type: none"> • Health and Safety in Textiles • Use of the sewing machine driving test • Fabrics and fibres • Applique • Hand sewing 	<ul style="list-style-type: none"> • Formative assessment • Knowledge and skills assessed throughout the project
Sum1	<p>Textiles</p> <ul style="list-style-type: none"> • Design brief and task analysis • Research and product analysis • Moodboard • Design specification and iterative design 	<ul style="list-style-type: none"> • Formative assessment • Knowledge and skills assessed throughout the project
Sum2	<p>Textiles</p> <ul style="list-style-type: none"> • Making a paper template • Making the Pet Pillow • Final evaluation 	<ul style="list-style-type: none"> • Formative assessment • End of project assessment



Overview:

Food

Multicultural Cuisine Project: Students will cook and learn about food from around the world. They will cook a variety of predominantly savoury dishes which are selected to build on skills learned in Year 7 but also to learn and develop new skills. Students will learn about a range of topics throughout the project, building knowledge about nutrition, food safety, food science and food provenance.

Textiles

Pop Art Bag Project: Students will develop skills in construction techniques and will explore decorative techniques. Students will develop knowledge of fibres and fabrics, environmental issues in Textiles and the art movement Pop Art.

Students will study Food or Textiles first, swapping to the other half way through the year.

Careers in the Curriculum:

The topics covered will highlight links to careers in sustainable fashion, interior design, games designer, dietitian and baker.

Term	Topic	Assessment
Aut1	<p>Food Technology</p> <ul style="list-style-type: none"> • Health and Safety • Rules, routines and procedures in Food • Food Hygiene • Design brief, target market and task analysis • The Eatwell Guide <p>Practical skills: Knife skills, fajitas, pancakes</p>	<ul style="list-style-type: none"> • Formative assessment • Knowledge and skills assessed throughout the project
Aut2	<p>Food Technology</p> <ul style="list-style-type: none"> • Nutrition throughout life • Micronutrients • Macronutrients • Special diets <p>Practical skills: German apple cake, egg fried rice, mac and cheese</p>	<ul style="list-style-type: none"> • Aiming High 1: a multiple choice assessment on Health and Safety, tools and equipment
Spr1	<p>Food Technology</p> <p>Food Science and gluten experiment Recipe adaptation Nutritional analysis Menu design</p> <p>Practical skills: pizza, chilli con carne</p>	<ul style="list-style-type: none"> • Formative assessment • End of project assessment
Spr2	<p>Textiles</p> <ul style="list-style-type: none"> • Health and Safety in Textiles • Use of the sewing machine driving test • Pop Art research • 6 Rs and environmental issues in Textiles • Cotton production and uses 	<ul style="list-style-type: none"> • Formative assessment • Knowledge and skills assessed throughout the project
Sum1	<p>Textiles</p> <ul style="list-style-type: none"> • Investigating decorative techniques • Evaluating decorative techniques • Designing the bag initial ideas, development and final design with annotation • Begin making the bag • Update work diary with stages of making 	<ul style="list-style-type: none"> • Formative assessment • Knowledge and skills assessed throughout the project
Sum2	<p>Textiles</p> <ul style="list-style-type: none"> • Making the bag • Update work diary with stages of making • Final Evaluation 	<ul style="list-style-type: none"> • Formative assessment • End of project assessment



Overview:

Food

Street Food Project: Students cook a variety of predominantly savoury dishes which help to build on skills learned in Year 8 but also to allow students to learn and develop new skills.

Students will learn about a range of topics throughout the project, building knowledge about nutrition with a focus on macronutrients.

Textiles

T-Shirt Project: Students continue to develop sewing and construction skills, focusing on block patterns and how to adjust them. Learning techniques for pattern drafting, cutting fabric and investigating seams and finishes. Students will build on their knowledge of environmental issues within the textiles Industry.

Students will study Food or Textiles first, swapping to the other half way through the year.

Careers in the Curriculum:

The topics covered will highlight links to careers in food standards and safety, food marketing, fashion designer and sportswear designer.

Term	Topic	Assessment
Aut1	<p>Food Technology</p> <ul style="list-style-type: none"> • Health and Safety • Rules, routines and procedures in Food • Food Hygiene • Design brief, target market and task analysis • Macronutrients (Protein) <p>Practical skills: chicken dippers, beef kofta</p>	<ul style="list-style-type: none"> • Formative assessment • Knowledge and skills assessed throughout the project
Aut2	<p>Food Technology</p> <ul style="list-style-type: none"> • Macronutrients: • Fats • Carbohydrates • Food Science Shortening <p>Practical skills: Spanish rice, fougasse, cheese and tomato pinwheels</p>	<ul style="list-style-type: none"> • Aiming High 1: A multiple choice assessment on Health and Safety, tools and equipment
Spr1	<p>Food Technology</p> <ul style="list-style-type: none"> • Food Processing (Wheat) • Food Science Aeration • Street Food Stall Design • Menu Design <p>Practical skills: Yorkshire pudding wrap, cookie</p>	<ul style="list-style-type: none"> • Formative assessment • End of project assessment
Spr2	<p>Textiles</p> <ul style="list-style-type: none"> • Health and Safety in Textiles • Use of the sewing machine driving test • Lifecycle of a T-shirt • 6 Rs and environmental issues in Textiles • Designer Research 	<ul style="list-style-type: none"> • Formative assessment • Knowledge and skills assessed throughout the project
Sum1	<p>Textiles</p> <ul style="list-style-type: none"> • Designing initial ideas, development and final design with annotation • Pattern Drafting/Construction Techniques • Begin making the T-shirt 	<ul style="list-style-type: none"> • Formative assessment • Knowledge and skills assessed throughout the project
Sum2	<p>Textiles</p> <ul style="list-style-type: none"> • Update work diary with stages of making • Final Evaluation 	<ul style="list-style-type: none"> • Formative assessment • End of project assessment