

Year 8 Dance

Year 8 Dance aims to inspire and build confidence through teaching a range of advanced dance techniques, styles and forms. Students are introduced to the three core areas of the Dance curriculum which will shape their learning as they progress from Key Stage 3 to Key Stage 5; choreography, performance and appreciation. Creativity and problem-solving is developed and knowledge of choreographic skills needed to make dances are introduced within different topics which focus on social, historical or cultural issues. Students will focus on physical skills and safe working practices and will consistently use reflection and appreciation of our own work to build resilience and self-awareness.

Methods of deepening and securing knowledge:	
Retrieval practice	Retrieval is used throughout Year 8 to allow students to revisit and revise key skills and concepts. This is done through starter and plenary tasks in lessons (verbal/written/interactive), written booklet tasks and independent learning tasks.
Spaced Practice	Throughout the year, the same three core areas of learning are revisited, built upon and approached in different ways within a variety of topics/units. (A new topic is introduced every half term e.g. Masks/Conflict)
Elaboration	Students elaborate and develop their knowledge and skills within practical elaboration every lesson and theory is completely embedded within practice in the studio with the use of individual booklets.
Interleaving	A topical approach is used each half term so that the three core areas of the curriculum are interleaved seamlessly within each new unit and their knowledge can be developed within a varied and engaging curriculum.

	Autumn term 1	Autumn term 2	Spring term 1	Spring term 2	Summer term 1	Summer term 2
Topic(s)	<p>Masks</p> <p><u>Choreography:</u></p> <ul style="list-style-type: none"> - 6 basic actions - Transition - Unison - Canon <p><u>Performance:</u></p> <ul style="list-style-type: none"> - Nutrition - Safe Practice - Stamina - Control - Mobility 	<p>Conflict</p> <p><u>Choreography:</u></p> <ul style="list-style-type: none"> - Dynamics - Formation - Action and reaction - Repetition - Beg/middle/end <p><u>Performance:</u></p> <ul style="list-style-type: none"> - Contact (and safety) - Strength - Balance 	<p>Circus</p> <p><u>Choreography:</u></p> <ul style="list-style-type: none"> - Complementary - Contrast - Use of props <p><u>Performance:</u></p> <ul style="list-style-type: none"> - Coordination - Flexibility - Characterisation - Facial expression 	<p>Musical Theatre</p> <p><u>Choreography:</u></p> <ul style="list-style-type: none"> - Narrative - Accumulation - Lead and follow <p><u>Performance:</u></p> <ul style="list-style-type: none"> - Isolation - Extension - Focus - Projection - Facial expression - Musicality 	<p>Stimulus</p> <ul style="list-style-type: none"> - Creating an idea from a stimulus - Improvisation - Planning of rehearsal - Motif - Development - Aural setting - Climax - Leadership - Confidence 	<p>Performance</p> <ul style="list-style-type: none"> - Warm-up - Cool-down - Nutrition - Hydration - All physical skills - All expressive skills - Introduction to technical skills

		- Commitment				
Assessment	- Formative written assessment, retrieval and aim higher feedback/ response tasks - Formative end-of-unit practical assessment	- Formal practical and written assessment (Knowledge/skills from Masks and Conflict units)	- Formative written assessment and aim higher feedback/response tasks - Formative end of unit practical assessment	- Formative quizzing/retrieval tasks/peer and self-assessments/ independent learning - Formative end-of-unit practical assessment	- Formative quizzing/ knowledge checking tasks/ peer and self-assessments/ homework - Formative end of unit practical assessment	- Formal summative written assessment - Choreography and performance (combined) summative practical assessment (KS4 prep)
Knowledge organiser <i>(hyperlinks when available)</i>	Masks Knowledge Organiser	Conflict/ Bullying Knowledge Organiser	Circus Knowledge Organiser	Musical Theatre Knowledge Organiser	KS3-Dance-Knowledge-Organiser---Choreography.pdf	KS3-Dance Knowledge Organiser-Performance.pdf

Independent Learning:

Independent learning tasks are used as an opportunity to read and explore concepts in a wider context and use their findings within lessons practically. Independent learning tasks may also be research based tasks that aid the practical performance or designing/ creating something to support their work (e.g. masks/costume/music).