

## Year 10 Health and Social Care

This Level 1/2 Vocational Award in Health and Social Care encourages and inspires learners to achieve a worthwhile qualification that provides an insight into the health and social care sectors. It is designed to develop independent learners who can make informed decisions about further learning opportunities or career choices within this field. Students develop an understanding of the health and social care sectors through an approach that uses real life situations where possible and employs contemporary issues relevant to UK society.

Methods of deepening and securing knowledge:	
Spaced practice	This technique is applied to enhance students' ability to transfer and apply knowledge between different units of work.
Retrieval practice	Frequently used to enhance and secure students' knowledge and understanding of the specialist subject.
Elaboration	Developed through portfolio work. This enables students to demonstrate their depth of knowledge and understanding in this work.
Concrete examples	Frequently used to enhance and support student learning of specific areas of practise in Health and Social Care. Video, visiting speaker and exemplar material.

	Autumn term 1	Autumn term 2	Spring term 1	Spring term 2	Summer term 1	Summer term 2
Topic(s)	<p><b>Introduction</b></p> <ul style="list-style-type: none"> <li>- Key areas of health care, social care, early years and knowledge of care settings</li> </ul> <p><b>R031 Basic First Aid procedures</b></p> <ul style="list-style-type: none"> <li>- Be able to assess scenes of accidents to identify risks and continuing dangers</li> <li>- Assess the scene of an accident</li> <li>- Identify hazards</li> <li>- Make safe</li> </ul>	<p><b>Understand the first aid procedures for a range of injuries</b></p> <ul style="list-style-type: none"> <li>- Conscious/unconscious and breathing/not breathing</li> <li>- Choking</li> <li>- Bleeding</li> <li>- Asthma attack</li> <li>- Burns or Scalds</li> <li>- Shock</li> <li>- Review performance</li> </ul>	<p><b>Creative Activities R027</b></p> <p><b>Understand the different types of creative activities</b></p> <ul style="list-style-type: none"> <li>- Imaginative</li> <li>- Physical</li> <li>- Intellectual</li> <li>- Medical</li> <li>- Social</li> <li>- Emotional</li> <li>- Developmental</li> </ul>	<p><b>Understand the benefits of participating in creative activities</b></p> <ul style="list-style-type: none"> <li>- Physical</li> <li>- Intellectual</li> <li>- Language</li> <li>- Emotional science</li> </ul> <p><b>Plan and carry out a creative activity</b></p> <ul style="list-style-type: none"> <li>- Aim</li> <li>- Objectives</li> <li>- Timescale</li> <li>- Resources</li> <li>- Health and Safety</li> </ul>	<p><b>Communicating and working with individuals in health and social care R022</b></p> <p><b>Understand effective communication</b></p> <ul style="list-style-type: none"> <li>- Verbal</li> <li>- Non-verbal</li> <li>- Written</li> <li>- Other specialist forms of communication</li> <li>- Environmental factors that</li> </ul>	<p><b>Understand effective communication R022</b></p> <ul style="list-style-type: none"> <li>- Interpersonal skills</li> <li>- Barriers to communication</li> <li>- How to overcome the barriers</li> </ul>

	<ul style="list-style-type: none"> <li>- Gain-informed consent</li> <li>- Communication</li> <li>- Seeking additional support</li> <li>- How to provide information to emergency services</li> </ul>		<p><b>Understand the different needs of different individuals</b></p> <ul style="list-style-type: none"> <li>- Children and young people, adults, older adults</li> <li>- Learning difficulties</li> <li>- Sensory impairments, behavioural conditions, special needs, mental health, physical disabilities, medical conditions, memory loss and lack of mobility</li> </ul>	<ul style="list-style-type: none"> <li>- Legal requirements</li> <li>- Costs</li> <li>- Roles and responsibilities</li> <li>- Effective communication</li> </ul> <p><b>Plan and carry out a creative activity</b></p> <ul style="list-style-type: none"> <li>- Carry out activity</li> <li>- Review and evaluate the benefit of the creative activity to the participants</li> </ul>	<p>positively influence communication</p> <ul style="list-style-type: none"> <li>- Heating, ventilation, lighting, room layout</li> </ul>	<p><b>Understand the personal qualities that contribute to effective care</b></p> <ul style="list-style-type: none"> <li>- The seven qualities</li> <li>- How they contribute to effective care</li> </ul>
Assessment	<p><b>Baseline assessment</b></p> <ul style="list-style-type: none"> <li>- Assessed against external OCR criteria</li> <li>- OCR Witness statement</li> <li>- Practical assessment</li> </ul>	<ul style="list-style-type: none"> <li>- Assessed against external OCR criteria</li> <li>- Practical assessment</li> <li>- OCR Witness statement</li> <li>- Synoptic assessment</li> </ul>	<ul style="list-style-type: none"> <li>- Assessed against external OCR criteria</li> </ul>	<ul style="list-style-type: none"> <li>- Assessed against external OCR criteria</li> <li>- Practical assessment</li> <li>- OCR Witness statement</li> <li>- Synoptic assessment</li> </ul>	<ul style="list-style-type: none"> <li>- Assessed against external OCR criteria</li> </ul>	<ul style="list-style-type: none"> <li>- Assessed against external OCR criteria</li> </ul>

### Independent Learning:

Independent learning is a core part of learning and serves to support the learning in class, enrich the student experience and develop knowledge and skills. There are 3 types of independent learning set in Year 10. Preparing for assessment is an essential part of each topic as each assessment allows teachers and students to see their progress. It is crucial that revision is completed so students can demonstrate what they know. In addition, drafting aspects of portfolio work to enable students to access lessons confidently through pre learning. Finally, responding to individualised feedback sheets that indicate where personalised progress can be made.