

## Year 7 Dance

Year 7 Dance aims to inspire and build confidence through teaching a range of advanced dance techniques, styles and forms. Students are introduced to the three core areas of the Dance curriculum which will shape their learning as they progress from Key Stage 3 to Key Stage 5; choreography, performance and appreciation. Creativity and problem-solving is developed and knowledge of choreographic skills needed to make dances are introduced within different topics which focus on social, historical or cultural issues. Students will focus on physical skills and safe-working practices and will consistently use reflection and appreciation of our own work to build resilience and self-awareness.

Methods of deepening and securing knowledge:	
Retrieval practice	Retrieval is used throughout Year 7 to allow students to revisit and revise key skills and concepts. This is done through starter and plenary tasks in lessons (verbal/written/interactive), written booklet tasks and homework tasks.
Spaced Practice	Throughout the year, the same three core areas of learning are revisited, built upon and approached in different ways within a variety of topics/units. (A new topic/ dance style is introduced every half term e.g. Haka/Bollywood/Lindy Hop )
Elaboration	Students elaborate and develop their knowledge and skills within practical elaboration every lesson and theory is completely embedded within practice in the studio with use of individual booklets.
Interleaving	A topical approach is used each half term so that the three core areas of the curriculum are interleaved seamlessly within each new unit and their knowledge can be developed within a varied and engaging curriculum.

	Autumn term 1	Autumn term 2	Spring term 1	Spring term 2	Summer term 1	Summer term 2
Topic(s)	<p><b>Haka</b> <u>Choreography</u></p> <ul style="list-style-type: none"> <li>- Basic dance actions</li> <li>- Formations</li> <li>- Levels</li> <li>- Transition</li> <li>- Unison/ Canon</li> </ul> <p><u>Performance</u></p> <ul style="list-style-type: none"> <li>- Warming up and safety</li> </ul>	<p><b>Bollywood</b> <u>Choreography</u></p> <ul style="list-style-type: none"> <li>- Basic dance actions</li> <li>- Pathways</li> <li>- Direction</li> <li>- Dynamics</li> <li>- Action and Reaction</li> </ul> <p><u>Performance</u></p> <ul style="list-style-type: none"> <li>- Physical skills (x2)</li> <li><i>Stamina and Mobility</i></li> </ul>	<p><b>Gumboots</b> <u>Choreography</u></p> <ul style="list-style-type: none"> <li>- Dynamics</li> <li>- Repetition</li> <li>- Timing and Rhythm</li> <li>- Accumulation</li> <li>- Counterpoint</li> </ul> <p><u>Performance</u></p> <ul style="list-style-type: none"> <li>- Physical skills (x2)</li> <li><i>Strength and Balance</i></li> </ul>	<p><b>Chinese Culture</b> <u>Choreography</u></p> <ul style="list-style-type: none"> <li>- Dynamics</li> <li>- Contrast</li> </ul> <p><u>Performance</u></p> <ul style="list-style-type: none"> <li>- Physical skills (x2)</li> <li><i>Flexibility and Control</i></li> </ul>	<p><b>Lindy Hop</b> <u>Choreography</u></p> <ul style="list-style-type: none"> <li>- Contact and Safety</li> <li>- Mirroring</li> <li>- Complementary</li> <li>- Timing</li> <li>- Musicality</li> </ul> <p><u>Performance</u></p> <ul style="list-style-type: none"> <li>- Physical skill (x1)</li> <li><i>Coordination</i></li> </ul>	<p><b>Brazilian Carnival</b> <u>Choreography</u></p> <ul style="list-style-type: none"> <li>- Formations</li> <li>- Pathways</li> <li>- Accumulation</li> <li>- Counterpoint</li> </ul> <p><u>Performance</u></p> <ul style="list-style-type: none"> <li>- Physical skills (x2)</li> </ul>

						<i>Isolation and extension</i> - Focus - Projection
Assessment	- Formative written assessment, retrieval and aim higher feedback/response tasks.  - Formative end of unit practical assessment.	<b>Formal practical and written assessment AH1</b> (Knowledge/skills from Haka and Bollywood units).	- Formative written assessment, retrieval and aim higher feedback/response tasks.  - Formative end of unit practical assessment.	- Formative quizzing/retrieval tasks/peer and self-assessments/homework.  - Formative end of unit practical assessment.	- Formative quizzing/retrieval tasks/peer and self-assessments/homework.  - Formative end of unit practical assessment.	<b>Formal summative written assessment AH2</b> (knowledge/skills from whole year)  <b>Summative practical assessment AH2</b> (Brazilian Carnival)