

Richmond School Sports Newsletter

Summer 2010

Richmond School Cheerleading Squad Area School Winners

The Richmond School Key Stage 3 Cheerleading squad participated at the Area Cheerleading competition at Bedale High School on Wednesday 12 May 2010. They have been training together since February and worked hard to perfect their routine. The competition saw excellent performances from Bedale High, Wensleydale and St. Francis Xavier Schools but Richmond came out on top, claiming the title of Area Champions. The squad continued to work hard in preparation for the next round of the competition at the North Yorkshire Youth Games on Sunday 4 July 2010. The girls were very nervous but once again showed excellent team spirit. They put in a high energy performance and despite failing to complete their end stunt the team still achieved second place.

If you are interested in coming to Cheerleading Club it will be running on a Friday, 3.45-5pm in the Activity Hall from September.



Year 7 Cricket Success

The Year 7 team has had a very encouraging start to cricket at Richmond School and shown excellent improvements in virtually every game. In the David English North Yorkshire Cup the team reached the fourth round before losing in a very close game to Ripon Grammar School. In the Area Cup the year 7's are currently in the Semi Final after defeating Wenslydale School by 5 runs in a nail biting finish. The team has generally shared the runs and wickets throughout the games, which bodes well for the future, although there have been standout performances from Josh Dowson (37runs & 5 wickets; 41 not out and 29 not out) and Matthew Napper (23 not out & 3 wickets). The team also progressed into the U13 Area Plate Final defeating Wenslydale Year 8 team by 88 runs. The result was mainly due to an outstanding opening partnership of 98 runs, with Matthew Napper (55) and Josh Dowson (50) both recording their maiden half centuries for the school. Richmond's innings finished on 154-4 from 20 overs with more quick scoring runs from Dan Winter and Sam King. In reply Wenslydale lost wickets at regular intervals and were eventually bowled out for 66. The wickets were shared amongst the team with all ten outfield players bowling. Richmond now awaits the winner of Thirsk or Allertonshire in the final. Good luck lads!



Tell us about your sporting success!

If you play sport outside of school and have been successful in competition then we want to know about it (no matter how unusual or unknown the activity). Forms will be available from the PE Office after the summer holidays for you to tell us about your achievements.



Richmond School takes on a Triathlon

**Corus
Kids of Steel
Triathlon**



Organised by



Rachael Newton Hall	7 Weston
Arte Dawson	9 Roberts
Adam Simpson	9 VLR
Pippa Williamson	7 Pike
Sarah Sanderson	9BF
Holly Flannery	7DB
Phillipa Thompson	7 Weston
Rachel Cross	7 Weston
Penny Cameron	7 Weston
Connor Lilly	7 Abbey
Cameron Berry	7 Weston
Cherry Hornby	7 Pike
Sophie Spink	7 Jackson
Honor Clissold	7 Burton
Honey Anne Earnshaw	7 Gibson
Annabelle wright	7 Burton
Peter Purkins	7 Jackson
Brandon Paylor	8 Burgess
Jacob Watson	7 Jackson
Cameron Watters	7 Jackson
Tom Birks	7 Jackson

Congratulations to all the named students for completing the Corus Kids of Steel Triathlon at Saltburn Leisure Centre on 17 June 2010. The students completed a 50 metre swim followed by a 1.2km bike race, then a 500 metre run. The students behaved exceptionally and completed the course with ease.

NEWS IN BRIEF TEAMS

Year 8 Cricket

The Year 8 team reached the 2nd round of both the Area Cup and the Yorkshire Post Cup before being beaten by two strong teams. In the earlier rounds it was the strength of the bowling attack that was most encouraging with Jack Harrold and Tom Pickering being the main wicket takers.

Year 10 Cricket

The Year 10's have performed well and have been unlucky in the cup competitions, narrowly losing to Stokesley in the Area Cup in an excellent match. In the North Yorkshire Cup Richmond again had luck against them as they were defeated in a bowl out, a cricketing equivalent of a penalty shootout, due to bad weather. There have been several outstanding individual performances with Lewis Stabler smashing 87 not out against Wensleydale, Jack Thompson and Bob Carr scoring undefeated 50's against Macmillan Academy and Bob Carr and Adam Cocks scoring 40 in the Area Cup match defeat against Stokesley.

Championship Athletes at Richmond School

Well done to the following students who were selected to represent the Area Athletics squad as a result of their outstanding performances at the championships on Friday 18th June 2010:

Maddy Winzer	Y11	800m
Josie Barker	Y10	800m
Chloe-Mae Kitching	Y10	1500m
Sam Turner	Y9	100m
Joseph Smith	Y9	Shot Putt
Joss Mercer	Y9	Javelin
Jack Wright	Y9	High Jump
Dylan Wardale	Y9	Triple Jump

The year 9 boys team also achieved 3rd place at these championships.

All students competed for the Area in the County Championships on Saturday, 19 June in York. The following students achieved spectacular results:

Joss Mercer achieved 1st place in the javelin, throwing 38.08m.
Sam Turner achieved 2nd place in the 100m, running 13.0seconds.
Joseph Smith achieved 3rd place in the shot putt, throwing 10.25m.

Congratulations to all of these students for their achievements.

U14 Cricket Success

Currently the Year 9 team is still competing in 3 cup competitions, with several compelling victories as a result of excellent batting and bowling. There have also been vast developments in the squad's fielding skills, tactics and application of skills throughout the season. Adam Cocks in particular has been in good form with top scores of, 49, 51 not out, 40 not out, 51 not out with the bat whilst also recording bowling figures of 4-8, 5-10 and 3-22. Steven Male has also been in good form with bat and ball hitting 65 not out against Upper Wharfedale School. In the County Cup quarter final Adam Cocks was again the star with the bat hitting nine boundaries before having to retire on 51 not out. More quick scoring from Steven Mail (21) and Ollie King (39 not out) which included 5 fours and 2 sixes, propelled Richmond's total to 146-4, a very competitive total in 15 overs. In reply Bootham were always behind the run rate and eventually finished on 91-5.

The runs again flowed for Richmond in their other quarter final, scoring 160 in 20 overs against Wensleydale. On form batsman Adam Cocks scored 46 and big hitting Ollie King raced to 67 not out (his first ever half century). Wensleydale's innings ended on 89-9 giving Richmond a 71 run victory, with the wickets shared amongst Dan Osborn, Steven Mail and Adam Cocks.

The Team has reached the Final of the Yorkshire Schools Taverners Final. It is a fantastic achievement from the students to reach the last two of 112 schools entered from across Yorkshire. The Final will be played at New Rover Cricket Club at Leeds against Shelley College on the 7 September and should be a brilliant day for all. Richmond School reached the final defeating Benton Park School with a great team performance in the field, which included three run outs and restricted Benton Park to 91 runs after their 20 overs. Richmond reached their target score of 92, winning by 6 wickets, with a great captain's innings from Adam Cocks (46 not out).

The Year 9 is also hoping for more Cricket glory in the Area Plate Final against Bedale School on Thursday 22nd July.

This squad really is doing well and displaying excellent team spirit. The final results of the cup competitions will be posted in the next newsletter.

Sports Day News

YEAR 7

On a bright summer morning all of the Year 7 students disembarked from buses outside Catterick Athletic Stadium ready to push themselves to their physical limits. This was a new venue for us and brilliantly set the scene for a day of sporting excellence. The gleaming track enabled sporting superstars to shine. In terms of the tutor competition, Griffin romped home easy winners, however, it was a tight fight for second place with Burton holding off Prestwich who came third and Cox just missing out on a podium finish.

Performers that require mention for their excellent efforts are:

Lewis Maguire, who won both the hurdles and triple jump
Caitlin Illingworth, who won both 100m and long jump.

YEAR 8

Another bright clear day heralded a magnificent morning of athletic achievement. Tutor groups were bent on improving performances from last year. Two tutor groups stood out, the girls from Wylde won 7 events and came third in 5 events, whilst in terms of the boys Brahm won 4 events and came second in 4 events. However, the winning tutor group was Wylde winning by 50 points; Brahm came second with Dutton a close third. Performers that require mention are Beth Lightfoot who won both the hurdles and the long jump; Hannah Probert won the 800m and triple jump. From the boys Josh Stagg won both the 1500m and the Javelin.

YEAR 9

The Year 9 Sports continued to be a huge success with high levels of participation and performance by most of the year group. The overall joint winners were Roberts and Iley who were both 40 points ahead of their rivals. Spectacular performances that should be mentioned came from:

Charlotte Young who won both the triple jump and hurdles.

Joss Mercer who won the javelin and hurdles.

Adam Simpson won both the 800m and high jump.

Dan Osborne won both the 1500m and the long jump.

Coming Up!



In the new autumn term you can get involved in football, hockey, rugby, badminton, trampolining, table tennis and cross country. Look in tutor trays and on the PE notice board for further details



Trampolining at Richmond School

We have recently received all of the equipment from the successful Sport England bid for £9,520. We now have two new Grandmaster trampolines, 1 pair of spotting end decks, safety mats and 1 double wedged mat. Initially, we plan to use this equipment for Key Stage 4 and 5 lessons next term. However, in addition we intend to run several extra curricular clubs for a wide range of abilities, both at lunchtimes and after-school. Look out for more details on the notice boards.

Staff Netball Team setting the standards

Richmond School staff took part in a friendly Netball tournament on Friday, 2 July at SFX School. The school fielded 2 teams of enthusiastic players and played against teams from Methodist and St. Mary's Primary schools. The tournament, although aimed to encourage partnerships between the schools, was also a highly competitive event and saw a wide range of playing ability and netball knowledge! The eventual results ended with one of the Richmond School teams winning. All staff that took part had a great time, even if they had forgotten just how exhausting the game is. We are looking to make this a regular fixture so will keep you informed of future events.

Richmond Claims Golf Championship

On Monday, 12 July Richmond School took four students to Catterick Golf Club to participate in the Hambleton and Richmondshire Area Schools Golf Championship. These students: Jack Thompson (Year 10), Dan Cawley (Year 9), Sam Thompson (Year 8) and Ben Brown (Year 8) arrived just as it was starting to rain. The first tee off time was 10am with the last tee off time at 11.15am. As the players started to come in the scores for the Richmond team were Jack - 41 points, Dan - 37 points, Sam - 38 points and Ben - 42 points. Due to competition rules the results are worked out on the teams best three results. This made the Richmond team winners with a collated score of 121. The other teams participating were from Risedale Sport and Community College, Northallerton College, Bedale High School and Thirsk School.

Teacher Sport Star . . .

Name: Alan Woodbridge

Subject taught: PE/ BTEC Sport

Favourite sport: Football

Sports I have participated in:

Absolutely everything!

Level achieved:

England veteran's World Cup Winner.

Played for many clubs including Preston North End.

Tiddie winks world champion.....??

Why would you advise people to take part in sport?

More than any other reason, it's enjoyable! It also helps to keep you fit and healthy.

Student Sport Star . . .

Name: Sarah Sanderson

Sport: Water polo, netball, hockey, skiing, rounders and Athletics.

Achievements:

Water Polo Great Britain Squad member.

Plays water polo for teams in Catterick and Newton Aycliffe

Hockey for Richmond and Hambleton Area.

Training commitments:

Monday water polo Catterick

Tuesday water polo Newton Aycliffe

Wednesday swimming Catterick

Thursday water polo Sheffield

Friday regional training centre - water polo

Saturday water polo Sedgefield

Sunday Hockey for Durham Junior Academy

Why Participate in Sport:

Much the same as the Nike advert 'Just do it'

"I want to be good enough to play in the Olympics"