

# Richmond School Sports Newsletter

Spring 2011

## Girls Football success in Year 7

### Y7 Girls become County Champions and reach Regional 5-a-side Football Finals

The Year 7 girl's football team has achieved great things in its first season of football at Richmond School. The 5-a-side squad made up of Rosie Brannigan, Mairi Teasdale, Niamh Richardson, Alice Macey, Freya Hudson, Jasmine Hazell and India Wilson, became Area Champions in December, beating Easingwold 4-0 in the final.

They went on to represent Hambleton & Richmondshire Area in the County Finals held at Boroughbridge School in January. After a nail biting final the girls beat Rossett School (Harrogate) 3-2 to claim victory, with Rosie Brannigan scoring a hat-trick. Crowned County Champions, the girls qualified to represent North Yorkshire in the Regional Area Finals of the ESFA Cup at Powerleague Soccer dome in North Shields, eventually finishing 6<sup>th</sup> in the competition.



Special thanks go to Becca Harrison (Team Manager) and Katherine Hall (Assistant Team Manager) who have shown great commitment and responsibility in coaching the girls this season, having both previously represented the school football team for 5 years.

The Year 7 girls 7 a side squad also finished joint third in the Area outdoor tournament and displayed great team spirit as well as some excellent performances.

*Miss Abbey*

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## Girls Rugby at Richmond School

### Richmond 'A' team (black)

Sav Birch  
Shonaegh Cochlan  
Lucy Marshall  
Georgia Peck  
Leanne Scullion  
Grace Mucklin  
Hayley Ramsey  
Charlotte Kewington  
Elise Fields  
Jess Robinson



### Richmond 'B' team (white)

Beth Lightfoot  
Hannah Probert  
Meg Rider  
Sarah Hall  
Bex Hornby  
Sophie Overin  
Bethany Edgar  
Olivia Langford  
Courtney Charles  
Millie Cartwright (ill)

Richmond School took 2 teams of girls to the Area 10-a-side rugby competition at the Allertonshire School on Friday 11th March. They have attended training sessions put on by the RFU at Richmond School and were introduced to full contact rugby following successfully competing in touch rugby competitions in Years 7 & 8. Such was the level of interest that two teams of a similarly high standard were entered into the 10-a-side competition with Richmond 'B' being the overall winners.

The girls were also invited to compete in a Yorkshire HSBC competition at Pontefract RUFC on Wednesday 30<sup>th</sup> March 2011. There were teams there representing North, East, Central, West & South Yorkshire. The girls finished third in the competition, losing out to eventual winners, Skipton.

The girls will get the chance to build on this success in April as Mowden Park Women's Rugby club are coming into school to offer some coaching to our students.



## Tell us about your sporting success!

If you play sport outside of school and have been successful in competition then we want to know about it (no matter how unusual or unknown the activity). Forms will be available from the PE Office after the Easter holidays for you to tell us all about your achievements.



## MATALAN yoUR ACTIVITY Matalan Sporting Promise Day

Richmond School are working with the Youth Sport Trust on a new initiative called Matalan yoUR Activity. The programme focuses on promoting the alternative sports offer in Secondary Schools (primarily KS4) to support the engagement of pupils who are currently not attracted to the mainstream/traditional offer of sport. The 2 students that participated in this 1 day course were Rebecca Hornby and James Wilson. They got the chance to participate in Parkour, Ultimate Frisbee and Streetcheer as well as receiving information about Dodge Ball, Skipping/Jump Rope, Orienteering and Tchoukball. The one day course took place on Friday 4<sup>th</sup> March 2011 at the Dolphin Centre, Darlington. The students enjoyed most of the activities, so next we need to plan which activity to go forward with. As part of this programme each School Sport Partnership will receive a contribution of £800 to proactively support schools engaged in the MATALAN yoUR ACTIVITY Programme. Each School will also receive a Schools' Resource Pack (DVD Pack) in early May 2011.

### Teacher Sport Star...

**Name:** Gavin Copland

**Subject taught:** History and Politics

**Favourite sport:**

At the moment, although I don't know that it's really a sport. I am loving longbow archery.

**Sports I have participated in:**

I flit from one thing to another. I run a lot, rock climb, kayak, go to the gym, archery and in my youth I played a lot of Rugby.

**Level achieved:**

This year I am running the London and Edinburgh marathons. I guess that's my toughest challenge so far. I've climbed a 6B on sight and represented Wales Officer Training Corps at Rugby.

**Why would you advise people to take part in sport?**

Life is about balance, a strong mind in a strong body.

### Student Sport Star...

**Name:** Chris Dove

**Course:** Y12 BTEC Sport and Exercise Science

**Sport:** Swimming

**Achievements:**

I started swimming at age 9 and soon competed in the county championship, achieving 3<sup>rd</sup> place in the 200m butterfly. I went on to achieve 2<sup>nd</sup> place at age 10 and then have been unbeaten at county level since the age of 11. I also became the GB and all comers National Champion for the 200m butterfly at age 11 and 12 and came 3<sup>rd</sup> at Nationals for the 100m butterfly.

In addition to this I competed in and won the Scottish National Championships at age 11, 12 and 13. In 2010, I came 9<sup>th</sup> in the U18 200m butterfly at the GB and all comers National Championships.

**Training commitments:**

I train 9 times a week in the water and 3 times a week for land based training. I'm working towards the Nationals in Sheffield in June this year and can see myself swimming for a long time to come.

# Area Trampolining Competition



With a successful and enjoyable year of trampolining lessons and extra-curricular clubs being delivered in school, Richmond entered the Area Trampolining Competition for the first time. All competitors performed good routines and results were as follows (scores are out of 10):

KS3 Novice Competition

Y8 Sophie Revill - 2<sup>nd</sup> (8.8)

Y8 Jess Mason - 5<sup>th</sup> (8.0)

KS3 Advanced Competition

Y9 Karis Barnes - 4<sup>th</sup> (9.5) *0.4 marks splitting the top 4 performers*

Y8 Annabelle Wright - 5<sup>th</sup> (8.4)

Y8 Katy Jackson - 6<sup>th</sup> (6.3)

Miss Abbey

## News in brief

### Y7 Boys' Football

Well done to the Year 7 boys' football team. They came 2<sup>nd</sup> at the Area 7's football tournament with only 1 goal being the difference between 1<sup>st</sup> and 2<sup>nd</sup> place. The undefeated team were; Luke Ruocco, Jason Howe, Ben Muirhead, Dom Meacher, James Donoghue, Joe Shields, Rohan Wardale, Regan Senior, Micky Mckeown and Matthew Redfern.

### Y10 Boys' Football

The Year 10 boys have had an outstanding season. They have won both the 7 and 15 a side Area football tournaments for the 2<sup>nd</sup> year running. The boys won every game in the recent 7 a side tournament. Congratulations to the following students: Adam Simpson, Dan Osborn, Adam Cocks, Ollie Gorman, George Battersby, Tom Wallis, Jason Howell, Dylan Wardale, Nathan O'Connor, Sam Pickersgill and Sam Turner

### U14 Girls' Hockey

Congratulations to the following girls for gaining their Area Colours for Hockey. Beth Edgar, Hannah Richardson and Beth Lightfoot all competed in the Richmond and Hambleton Area U14 team, beating Scarborough 2-0, Harrogate and Craven 1-0 and drawing with York and Selby 0-0.

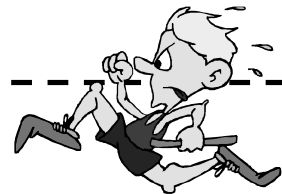
### U16 Girls Hockey

The Area Hockey team was strongly supported by Richmond School students. Ellie Braithwaite, Emma Morris, Lucy Lundberg, Charlotte Young, Daisy Jackson and Sarah Sanderson all made it onto the very successful team who, like the U14', are also unbeaten.



## Coming Up!

In the new summer term you can get involved in Athletics, Rounders, Softball and Cricket. Look in tutor trays and on the PE notice board for further details.



## Year 10 Boys' Cricket



We have reported many times on the success of this particular team but we felt it necessary to include them again. The boys are representing Yorkshire in the National Cup at Repton School, Derbyshire on Tuesday 3<sup>rd</sup> May 2011. They are the only state school left in the competition and we just wanted to wish them luck. We'll post the result in the next newsletter!

The team are as follows; Jake McAleer, Dan Osborn, Adam Cocks, Tom Pickering, George Battersby, Joss Mercer, Ollie King, Steven Male, Jack Harrild, John Southcott, Michael Cullen, Liam Deighton, Keir Bailey.

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## Netball on the rise

Netball Club was restarted at Richmond School in September 2010 and has proved to be a very popular club week after week. The Netball season finishes at Easter so before the club ends for this year we arranged competitive games for Years 7, 8 and 9 teams against neighbouring school, SFX. All teams won their games and showed a lot of improvement from when we started in September. The Club may now have finished for this year but we hope to see it start again in September 2012 with even more students taking part.

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## Sports Leadership across the school

We are very lucky at Richmond School to have so many talented sports leaders. We have students in the Sports Partnership Area Leadership Academy in Years 9 and 10 who meet monthly to further develop their skills with a variety of training opportunities. We have qualified sports officials across the years that assist with primary and secondary sports festivals such as Gymnastics, Hockey or Football, to name a few. We have groups of students such as the 18 year 9 boys who are volunteering their time and energy on Thursday 7<sup>th</sup> April 2011. They are assisting with the organisation and running of a swimming Gala at Richmond Pool, or the many sixth formers who gave up a day to coach and manage boys and girls football teams at the recent area championships.

However, in addition to all of these pupils we also work very closely with the Year 12 students on the BTEC Sport course. These students have worked hard time after time to ensure that all of the sports festivals that we organise or participate in run to the highest possible standard. They have been complemented on their maturity and confidence in dealing with the primary age pupils and supporting parents and are a credit to the school. So far this year the BTEC students have supported a Swimming Gala and Aqua splash, as well as a cluster, Area and County Sportshall Athletics Competition, an Area and County Cross Country Championship and a Tri Golf Festival.



## Richmond Karting Team

Rob Shields, Max Coates and Ian Jones travelled to Daytona, Milton Keynes on the weekend of the 26<sup>th</sup> and 27<sup>th</sup> March 2011 to compete in the British Schools Karting Championship National Final. They had to get through 1 of over 100 karting events across the country and 1 of the 10 hard fought Regional Finals to become 1 of the 33 teams that have won a place in the National Final at Daytona.

The event was sponsored by Red Bull Racing and Arden International Motorsport (a successful team that race in the F1™ support categories of GP2 & GP3), meaning that our students had the chance to win some fantastic prizes that the BSKC overall winner would receive. Red Bull Racing were rewarding the Champions with a VIP factory tour of their Milton Keynes facility and Arden International Motorsport offered the overall Champions a day of driver training in their state-of-the-art simulator.

Unfortunately our students did not receive these prizes but they did finish the event coming 5<sup>th</sup> in the country and having led the competition at the half way stage. This is a very impressive result based on the 1350 drivers from 450 teams who had entered the competition.

Further details can also be found at; <http://www.bskc.co.uk>



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## Cheerleaders to enter National Competition

Cheerleading at Richmond School continues to grow from strength to strength. We currently run a beginners class, open to all students on a Thursday after school and an advanced class, which is by invite only on a Friday after school, both taking place in the activity hall. The students are currently working hard as they are competing in a National Competition in Telford during the Easter holidays. They have been Area Schools' Champions for the past 2 years and are therefore ready to take this next step. We wish them luck and hope to report on their success in the next newsletter.

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## Equestrian Team Success

Richmond School's Equestrian team continues to succeed. In a recent NSEA Jumping with Style competition at Northallerton Equestrian Centre on the 27<sup>th</sup> February 2011 the students gained many victories. The results were as follows:

Class 1 - 75cms Individual

- 1<sup>st</sup> Will Langstaff on Indiana Jones
- 2<sup>nd</sup> Georgie Sutton Walker on Copper
- 3<sup>rd</sup> Kim Chapman on Jimmy

Class 2 - 85cms Individual

- 3<sup>rd</sup> Will Langstaff on Indiana Jones
- 6<sup>th</sup> Georgie Sutton Walker on Copper

Class 3 95cms Individual

- 1<sup>st</sup> Jessica Robinson on Birthday Girl
- 3<sup>rd</sup> Lottie Lewington on Goldie